

Senior Gems[®]

Alzheimer's & Dementia Care



Dedicated to Helping You and Your Family

Conditions such as Alzheimer's and dementia can be one of the most daunting aspects of ageing for individuals and families. With no known cure and limited treatment options, it can be challenging to find the care that best suits you and your family.

You don't need to go through this alone. Our team at Senior Helpers provides expert, personalised Alzheimer's and Dementia Care to suit your needs and circumstances. We're here to help support you through this journey and make your life enjoyable each day.

A New Perspective on Alzheimer's & Dementia Care

At Senior Helpers, our professional and accredited Support Workers take a unique approach to Alzheimer's and Dementia Care with our Senior Gems[®] program. This program allows us to make both your life and your family's life happier and less strained, by focusing on what those with dementia can still do while respecting what they can no longer do.

The Senior Gems® Approach

The Senior Gems® program is based on the overall approach to Dementia Care that was created and designed by world renowned Occupational Therapist Teepa Snow, PAC® LLC. The GEMS® techniques and strategies allow us to understand what an individual is experiencing at each stage of their dementia journey so that we can create the best plan for each day.

For more information on Teepa Snow's approach to Dementia Care, visit www.teepasnow.com.

Personalised In-Home Care

Our Dementia Consultant will work with you to create a customised plan that offers the appropriate level of support so that you can live in the comfort and safety of your own home. From creating a stimulating environment to working together with daily living tasks, our goal is to support your independence and freedom.

Below is a broad overview of the care levels, and the type of support we offer at each stage:



Early Stages: help with transportation and travel, medication prompts, meal preparation, home care tasks, and companionship



Mid Stages: help with personal care tasks and daily engagement in meaningful activities and socialisation.



Late Stages: Up to 24-hour care and support.

For more information, get in touch with your local Senior Helpers.